MY 2020 COVID-19 TIME CAPSULE

BY: ________________

PAGES BY LONG CREATIONS
YOU ARE LIVING THROUGH HISTORY RIGHT NOW

TAKE A MOMENT TO FILL IN THESE PAGES FOR YOUR FUTURE SELF TO LOOK BACK ON. AND HERE ARE SOME OTHER IDEAS OF THINGS TO INCLUDE:

☐ SOME PHOTOS FROM THIS TIME
☐ A JOURNAL OF YOUR DAYS
☐ LOCAL NEWSPAPER PAGES OR CLIPPING

☐ ANY ART WORK YOU CREATED
☐ FAMILY / PET PICTURES
☐ SPECIAL MEMORIES

DRAW A PICTURE OF THE PEOPLE YOU ARE SOCIAL DISTANCING WITH HERE
HOW I’M FEELING

**THE 3 THINGS I AM MOST EXCITED TO DO WHEN THIS IS OVER:**

1. 
2. 
3. 

**WORDS TO DESCRIBE HOW I FEEL:**

**I AM MOST THANKFUL FOR**

1. 
2. 
3. 

**WHAT I HAVE LEARNED MOST FROM THIS EXPERIENCE:**

1. 
2. 
3. 
4. 

PAGES BY LONG CREATIONS
MY COMMUNITY

WHERE I AM LIVING DURING THIS TIME:

COLOR THIS HOUSE TO LOOK LIKE YOURS

WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN OUTSIDE (e.g. hearts in windows, chalk notes on sidewalk, etc)

HOW ARE YOU CONNECTING WITH OTHERS?
YOU ARE NOT STUCK AT HOME,
YOU ARE SAFE AT HOME!

WHAT I AM DOING
TO KEEP BUSY:
OUR HANDPRINTS

PRINT THE HANDS OF ALL THE PEOPLE LIVING IN YOUR HOME
(IN DIFFERENT COLORS) AND PLACE YOUR HANDS HERE
**SPECIAL OCCASIONS**

WHAT OCCASIONS DID YOU CELEBRATE DURING THIS TIME? WRITE THE LIST DOWN HERE AND WHAT YOU DID TO CELEBRATE (E.G. ST. PATRICK’S DAY, EASTER, BIRTHDAYS, ANNIVERSARIES)

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<th>EVENT</th>
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PAGES BY LONG CREATIONS
INTERVIEW YOUR HOUSEHOLD

WHAT HAS BEEN THE BIGGEST CHANGE?

HOW ARE YOU FINDING HOMESCHOOLING?

DAYS SPENT INSIDE

YOUR TOP 3 MOMENTS FROM THIS EXPERIENCE:
1. _____________________________________________
2. _____________________________________________
3. _____________________________________________

WHAT ACTIVITIES/HOBBIES HAVE YOU MOST ENJOYED DOING?

WHAT ARE YOU MOST THANKFUL FOR?

WHAT TV SHOW YOU WATCHED: _____________________

YOUR NEW FOUND FAVORITE INSIDE HOUSEHOLD ACTIVITY:
_______________________________________________

FAVORITE FOOD TO BAKE: _________________________

FAVORITE TIME OF DAY: ___________________________

GOAL/S FOR AFTER THIS: