FIG at Home FINGER KNITTING

Learn to knit using only your hands.

MATERIALS

- Yarn
- Scissors



INSTRUCTIONS

- 1. Tie a simple slipknot about 5 inches from the end of the yarn. To make a slipknot you make a loop, grab through the loop with your thumb and forefinger, grab and pull the yarn through the loop. Pull the yarn tight around your thumb and forefinger keeping a small loop in place. Younger children may need help with this first step.
- 2. With your thumb and forefinger grab the yarn again and pull it through the loop.
- 3. Tighten the loop.
- 4. Keep repeating steps 2 and 3 until your finger-knitted rope is as long as you like it to be.
- 5. To finish your rope, cut the yarn leaving about 5 inches of yarn at the end.
- 6. Wrap the yarn through the loop on the end and tie a knot.
- 7. What will you create with your rope? Will you make a bracelet, necklace, or headband? How long is your rope? Can you measure it?

Note: Thicker yarn is easier for young children to work with.

