FIG at Home
FINGER KNITTING

Learn to knit using only your hands.

MATERIALS
- Yarn
- Scissors

INSTRUCTIONS
1. Tie a simple slipknot about 5 inches from the end of the yarn. To make a slipknot you make a loop, grab through the loop with your thumb and forefinger, grab and pull the yarn through the loop. Pull the yarn tight around your thumb and forefinger keeping a small loop in place. Younger children may need help with this first step.
2. With your thumb and forefinger grab the yarn again and pull it through the loop.
3. Tighten the loop.
4. Keep repeating steps 2 and 3 until your finger-knitted rope is as long as you like it to be.
5. To finish your rope, cut the yarn leaving about 5 inches of yarn at the end.
6. Wrap the yarn through the loop on the end and tie a knot.
7. What will you create with your rope? Will you make a bracelet, necklace, or headband? How long is your rope? Can you measure it?

Note: Thicker yarn is easier for young children to work with.

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